

Psychological Medicine 1

Lecture and Seminar topics:

1st day: Topographic Model of the Mind (Kaplan, pp. 439-444; Table 445-447);
Ego Psychology – Structure of the Psychic Apparatus (Kaplan, pp. 447-453,
without Table 6.1-2)

2nd day: Object Relations Theory (Gabbard, pp. 37-44), Self Psychology
(Gabbard, pp. 51-57)

3rd day: Defence Mechanisms (Gabbard, pp. 32-35; 44-49), Table 6.1-2 (Kaplan,
pp. 451-452); Theory of Anxiety (Kaplan, pp. 453-454)

4th day: The developmental theories of Ericson and Levinson (Simanovitz, pp.
30-49)

5th day: Understanding the Theory Behind CBT (Ledley, pp. 8-15)